



FEMALE LONG COURSE RECORDS

8 YEARS OLD

50m Freestyle	
100m Freestyle	
200m Freestyle	
400m Freestyle	
800m Freestyle	
1500m Freestyle	
50m Breaststroke	
100m Breaststroke	
200m Breaststroke	
50m Butterfly	
100m Butterfly	
200m Butterfly	
50m Backstroke	
100m Backstroke	
200m Backstroke	
200m IM	
400m IM	

9 YEARS OLD

22/02/2020	Lois Child	00:34.81
04/02/2023	Daisy Ingle	01:22.71
07/05/2017	Carys Waligora	02:55.42
05/02/2017	Carys Waligora	06:22.93
12/10/2003	Lucy Budimir	00:45.73
30/06/2017	Carys Waligora	01:44.96
22/01/2017	Carys Waligora	03:39.87
22/02/2020	Lois Child	00:38.69
08/10/2005	Jordan North	01:50.39
09/05/2007	Jordan North	04:00.60
22/02/2020	Lois Child	00:41.49
16/05/2026	Samantha Gaminde	01:37.67
15/02/2015	Louisa Ibberson	03:14.71
11/10/2003	Lucy Budimir	03:12.18

10 YEARS OLD

03/04/2003	Lucy Budimir	00:32.58
09/10/2004	Lucy Budimir	01:09.11
05/12/2004	Lucy Budimir	02:29.56
19/02/2011	Ruth Marley	05:29.05
05/12/2004	Lucy Budimir	10:48.15
03/04/2004	Lucy Budimir	00:42.09
21/11/2004	Lucy Budimir	01:28.75
20/11/2004	Lucy Budimir	03:08.83
22/02/2020	Nell Carter	00:35.80
09/10/2004	Lucy Budimir	01:19.70
13/06/2004	Lucy Budimir	03:22.14
22/02/2020	Nell Carter	00:36.68
19/02/2011	Ruth Marley	01:16.84
20/02/2011	Ruth Marley	02:51.42
21/11/2004	Lucy Budimir	02:44.60
05/12/2004	Lucy Budimir	05:53.90

50m Freestyle
100m Freestyle
200m Freestyle
400m Freestyle
800m Freestyle
1500m Freestyle
50m Breaststroke
100m Breaststroke
200m Breaststroke
50m Butterfly
100m Butterfly
200m Butterfly
50m Backstroke
100m Backstroke
200m Backstroke
200m IM
400m IM

11 YEARS OLD

50m Freestyle	24/04/2022	Amelia Wright	00:29.53
100m Freestyle	31/07/2005	Lucy Budimir	01:05.20
200m Freestyle	01/08/2005	Lucy Budimir	02:18.43
400m Freestyle	30/07/2005	Lucy Budimir	04:46.49
800m Freestyle	11/12/2005	Lucy Budimir	09:54.50
1500m Freestyle			
50m Breaststroke	11/02/2017	Jennifer Law	00:38.71
100m Breaststroke	02/08/2005	Lucy Budimir	01:19.31
200m Breaststroke	30/07/2005	Lucy Budimir	02:51.45
50m Butterfly	26/02/2022	Lois Child	00:32.31
100m Butterfly	08/03/2008	Ellen White	01:15.52
200m Butterfly	18/03/2007	Leonie Chan	02:56.52
50m Backstroke	26/02/2022	Lois Child	00:34.46
100m Backstroke	05/02/2022	Lois Child	01:14.70
200m Backstroke	12/06/2011	Ruth Marley	02:38.94
200m IM	31/07/2005	Lucy Budimir	02:33.12
400m IM	01/08/2005	Lucy Budimir	05:23.78

12 YEARS OLD

03/08/2023	Amelia Wright	00:28.02
05/08/2023	Amelia Wright	01:00.48
29/07/2006	Lucy Budimir	02:14.99
05/02/2023	Lois Child	04:42.19
11/06/2006	Lucy Budimir	09:47.62
10/12/2005	Becky Owrap	20:05.59
20/05/2017	Jennifer Law	00:37.76
30/07/2006	Lucy Budimir	01:16.69
27/07/2006	Lucy Budimir	02:43.26
18/02/2023	Lois Child	00:29.97
05/02/2023	Lois Child	01:08.84
11/12/2023	Lois Child	02:31.42
18/02/2023	Lois Child	00:32.57
27/03/2022	Nell Carter	01:10.76
26/02/2005	Natasha Atkins	02:31.50
28/07/2006	Lucy Budimir	02:28.75
29/07/2006	Lucy Budimir	05:18.01

13 YEARS OLD

28/04/2024	Amelia Wright	00:27.24
25/07/2024	Amelia Wright	00:59.23
20/01/2024	Lois Child	02:09.25
02/08/2025	Amaja Waters	04:32.98
05/03/2010	Ellen White	09:44.16
09/02/2025	Amaja Waters	18:42.39
17/02/2024	Lois Child	00:34.81
19/12/2009	Sophie Taylor	01:15.37
10/02/2024	Lois Child	02:42.71
17/02/2024	Lois Child	00:28.77
28/07/2023	Lois Child	01:03.79
10/02/2024	Lois Child	02:21.41
25/03/2023	Nell Carter	00:31.82
03/02/2024	Lois Child	01:07.75
11/02/2024	Lois Child	02:25.64
03/02/2024	Lois Child	02:22.43
29/07/2025	Amaja Waters	05:06.50

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1500m Freestyle
50m Breaststroke
100m Breaststroke
200m Breaststroke
50m Butterfly
100m Butterfly
200m Butterfly
50m Backstroke
100m Backstroke
200m Backstroke
200m IM
400m IM

14 YEARS OLD

50m Freestyle	22/07/2025	Amelia Wright	00:26.61
100m Freestyle	24/07/2025	Amelia Wright	00:57.51
200m Freestyle	08/02/2025	Lois Child	02:05.27
400m Freestyle	21/07/2024	Lois Child	04:26.77
800m Freestyle	22/02/2026	Amaja Waters	09:35.68
1500m Freestyle	21/11/2025	Amaja Waters	17:50.94
50m Breaststroke	07/03/2010	Sophie Taylor	00:33.59
100m Breaststroke	06/03/2010	Sophie Taylor	01:12.47
200m Breaststroke	20/07/2026	Amaja Waters	02:40.72
50m Butterfly	22/02/2025	Lois Child	00:28.45
100m Butterfly	11/04/2024	Lois Child	01:02.35
200m Butterfly	08/02/2025	Lois Child	02:18.35
50m Backstroke	22/02/2020	Bethan Endicott	00:31.16
100m Backstroke	06/02/2016	Anna Marley	01:06.74
200m Backstroke	14/02/2016	Anna Marley	02:20.79
200m IM	18/01/2025	Lois Child	02:20.96
400m IM	02/02/2024	Lois Child	05:03.39

15 YEARS OLD

04/05/2026	Amelia Wright	00:26.66
14/04/2026	Amelia Wright	00:57.45
14/02/2026	Lois Child	02:05.18
25/01/2026	Lois Child	04:26.33
16/02/2014	Kate Lewis	09:38.34
13/02/2022	Jessica Reilly	18:38.57
22/02/2025	Lily Stansfield	00:34.46
29/07/2009	Lucy Budimir	01:13.03
01/08/2009	Lucy Budimir	02:35.88
19/07/2027	Amelia Wright	00:27.99
08/02/2026	Lois Child	01:03.09
14/02/2026	Lois Child	02:20.24
04/05/2019	Imogen Vollans	00:30.72
25/01/2026	Lois Child	01:06.08
21/04/2017	Anna Marley	02:19.31
07/02/2026	Lois Child	02:19.37
08/02/2026	Lois Child	05:00.06

16 YEARS OLD

14/03/2026	Lily Stansfield	00:26.98
14/04/2026	Lois Child	00:57.91
17/07/2026	Lois Child	02:03.43
19/03/2022	Jessica Reilly	04:45.90
09/05/2015	Kate Lewis	09:43.11
25/03/2022	Jessica Reilly	18:06.37
17/07/2026	Lily Stansfield	00:33.34
18/07/2026	Lily Stansfield	01:12.47
30/05/2010	Lucy Budimir	02:38.12
19/07/2026	Lily Stansfield	00:27.68
22/07/2026	Lily Stansfield	01:01.49
03/05/2026	Lois Child	02:17.96
14/03/2026	Lois Child	00:30.90
22/07/2026	Lois Child	01:04.88
05/05/2018	Anna Marley	02:19.69
18/04/2026	Lois Child	02:16.50
21/07/2026	Lois Child	04:53.07

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50m Butterfly
100m Butterfly
200m Butterfly
50m Backstroke
100m Backstroke
200m Backstroke
200m IM
400m IM

17 YEARS OLD

50m Freestyle	16/03/2013	Lauryn Dean	00:27.18
100m Freestyle	11/05/2013	Lauryn Dean	00:59.85
200m Freestyle	03/05/1997	Thea Evanson	02:09.04
400m Freestyle	02/02/2019	Anna Marley	04:39.45
800m Freestyle	06/02/2010	Kirsty Black	10:17.16
1500m Freestyle	n/a	n/a	
50m Breaststroke	19/03/2011	Lucy Budimir	00:34.97
100m Breaststroke	08/01/2011	Lucy Budimir	01:13.82
200m Breaststroke	29/01/2011	Lucy Budimir	02:36.36
50m Butterfly	22/06/2024	Sophie Murray	00:28.20
100m Butterfly	22/06/2024	Sophie Murray	01:02.42
200m Butterfly	02/08/2024	Sophie Murray	02:20.48
50m Backstroke	04/05/2019	Anna Marley	00:30.43
100m Backstroke	02/11/2013	Lauryn Dean	01:09.11
200m Backstroke	09/02/2020	Emma Moore	02:28.43
200m IM	27/07/2011	Lucy Budimir	02:24.92
400m IM	05/05/2019	Anna Marley	05:04.18

18 YEARS OLD

03/05/2014	Lauryn Dean	00:27.94
11/02/2024	Agatha Scott	01:01.67
21/02/2015	Ellen White	02:23.40
29/03/2015	Chloe Buck	05:10.54
16/04/2015	Chloe Buck	10:41.79
n/a	n/a	n/a
06/05/2012	Lucy Budimir	00:34.97
28/01/2012	Lucy Budimir	01:13.04
29/01/2012	Lucy Budimir	02:36.92
18/04/2025	Sophie Murray	00:27.75
19/04/2025	Sophie Murray	01:01.43
08/02/2025	Sophie Murray	02:18.52
03/04/2014	Lauryn Dean	00:31.87
03/08/2019	Anna Marley	01:04.22
26/07/2019	Anna Marley	02:17.58
27/07/2019	Anna Marley	02:22.71
06/05/2012	Lucy Budimir	05:18.37

OPEN RECORDS

22/07/2025	Amelia Wright	00:26.61
14/04/2026	Amelia Wright	00:57.45
17/07/2026	Lois Child	02:03.43
25/01/2026	Lois Child	04:26.33
22/02/2026	Amaja Waters	09:35.68
25/03/2022	Jessica Reilly	18:06.37
17/07/2026	Lily Stansfield	00:33.34
18/07/2026	Lily Stansfield	01:12.47
01/08/2009	Lucy Budimir	02:35.88
19/07/2026	Lily Stansfield	00:27.68
22/07/2026	Lily Stansfield	01:01.49
03/05/2026	Lois Child	02:17.96
04/05/2019	Anna Marley	00:30.43
22/07/2026	Lois Child	01:04.88
26/07/2019	Anna Marley	02:17.58
18/04/2026	Lois Child	02:16.50
21/07/2026	Lois Child	04:53.07

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200m IM
400m IM