

HARROGATE DISTRICT SWIMMING CLUB  
(Affiliated to ASA North Eastern Region.)

# AUTUMN JUNIOR MEET

(under ASA Laws & Technical Rules)

DATE: **SUNDAY 20<sup>th</sup> NOVEMBER 2016**

VENUE: THE HYDRO, JENNYFIELDS DRIVE, HARROGATE

**THIS MEET IS LICENSED AT LEVEL 3 BY THE A.S.A. AND RESULTS WILL QUALIFY SWIMMERS FOR ENTRY INTO REGIONAL & COUNTY CHAMPIONSHIPS.**

**SWIMMERS MUST NOT HAVE SWUM FASTER THAN THE UPPER LIMIT TIME, IN THE 12 MONTHS PRECEDING ENTRY. (CONVERTED TIMES WHERE APPROPRIATE)**

THE MEET Boys/Girls 9–14: 50 & 100 metres all strokes plus 200m Freestyle and 200m IM. All events are Heat Declared Winner.

### **Ages at 20<sup>th</sup> November 2016**

AWARDS: Rewards as follows:  
9 & 10 years; Top 8 swimmers.  
11, 12, 13, 14. Top 3 swimmers only.  
An Alternative Award will be given to swimmers who swim faster than the Upper Limit Time by the following margins:-  
1 second on 50m, 2 seconds on 100m, 4 seconds on 200m.

ENTRIES: Cost £5 per event.  
Coaches passes to include a meal, programme, result sheets and entry onto the poolside £10.

### **THIS MEET WILL NOT BE 'FIRST COME, FIRST SERVED'**

If the meet is oversubscribed the slowest entries in each event will be rejected having regard to the Upper Limit Time in each age group.

**Clubs submitting entries for more than 5 swimmers must do so electronically. Entry file sets will be available from our website [www.swimharrogate.org](http://www.swimharrogate.org)**

### **Details from:-**

Barry Saunders,  
42 Greenfields Road,  
HARROGATE, HG2 7PH.  
Telephone:- 01423 885326  
Email:- [compsec@swimharrogate.org](mailto:compsec@swimharrogate.org)

(THIS WILL BE A CARDLESS MEET. ENTRY CONFIRMATIONS WILL BE POSTED TO CLUBS AS SOON AS ENTRIES ARE PROCESSED.)

CLOSING: **29<sup>th</sup> October 2016**